

BREAKFAST

✓ Healthy option

 Gluten free option

 Asian Option

BAKERY & PANCAKES

BAKERY SELECTION

make your choice of white and wheat toasts, dark rye bread, croissant, Danish pastry, muffin, butter and homemade jam



GLUTEN FREE SELECTION

gluten free bread or flaxseed crackers, butter and homemade preserves

HOMEMADE PANCAKE

strawberry, pineapple or banana, served with maple or palm sugar syrup



GLUTEN FREE PANCAKE

strawberry, pineapple or banana, served with maple syrup or palm sugar

LIGHT BREAKFAST CORNER



YOGURT

plain natural Greek style yogurt / with red fruit salad / homemade fruit yogurt strawberry / pineapple / pomelo



TROPICAL FRUIT SALAD

seasonal fresh fruits, ginger & cinnamon simple syrup



SLICED TROPICAL FRUITS

seasonal platter of fruits with lime cheek

BIRCHER MUESLI

grated apple, cinnamon yogurt, poached salak & honey

CLASSIC OATMEAL

with raisin, pumpkin seeds, honey



MISO SOUP

soft tofu, wakame seaweed



ORGANIC VEGETABLE SALAD

avocado, cherry tomatoes, wild rucola, papaya, curry dressing

MIXED CEREALS

coco crunch, classic corn flakes and rice bubble, milk / soya milk



GREEN POWER SMOOTHIE BOWL

banana, mango, pineapple, spinach, apple juice, mint leave, ginger, topped with homemade granola and pumpkin seeds



HAPPY MORNING SMOOTHIE BOWL

banana, mango, strawberry, coconut meat, frozen yogurt, lime juice, topped with homemade granola, raisin and coconut flakes

EGGS & MAINS



SCRAMBLED EGG WHITE

shiitake / smoked salmon, arugula, salad dressing with dark rye bread / gluten free bread / flaxseed crackers



EGG ATLANTIC

poached egg, toasted English muffin, smoked salmon, hollandaise sauce



TAMAGOYAKI

Japanese omelet, steamed rice, pickled soya sauce

THE "FRY UP"

two eggs any style, bacon, fried egg with toasted bread / burger bun

BREAKFAST SANDWICH

avocado, tomato, rucola, bacon, fried egg with toasted bread / burger bun

AVOCADO BRUSCHETTA

smashed avocado, onion, garlic, topped with sub dried tomato & feta cheese with dark rye bread / gluten free bread, quinoa salad



SCRAMBLED TOFU

curried tofu, spinach & tomato, green quinoa salad, with flaxseed crackers



GRILLED BUTTER FISH

steamed rice, sesame seaweed salad



MIE / BIHUN GORENG

stir fried egg noodles / rice noodles, vegetable, oyster sauce



NASI GORENG

stir fried rice, vegetable, oyster sauce



BUBUR AYAM

Indonesia rice chicken porridge

BEVERAGES

COFFEE	regular coffee, cappuccino, cafe latte, espresso, Bali coffee, Toraja coffee, Mandailing coffee
TEAS	English breakfast tea, earl grey, green tea, chamomile tea, ginger tea, lemongrass tea, peppermint tea
JUCES	orange, mango, apple, pineapple
FRESH JUICE	lime, watermelon, papaya, honey melon
MIXED JUICE	<i>LIFTER</i> : passion fruit, pineapple, mango, mint leaf <i>BOOSTER</i> : carrot, ginger, apple, orange <i>BALANCER</i> : strawberry, banana, pineapple